



# Anita Zefo

## Education

Bachelor of Science  
Clinical Dietetics  
University of California  
Davis, CA

USAF Dietetic Internship  
Andrews AFB, Washington, DC

## Affiliations

Academy of Nutrition and  
Dietetics (AND)

Dietetic Practice Group,  
Management in Food and  
Nutrition Systems

Dietetic Practice Group,  
Clinical Nutrition  
Management

Air Force Dietitians Association

## Certifications

Registered Dietitian  
ServSafe® Certified

## Summary

Anita has more than thirty-five years of experience in food service management, primarily in the healthcare industry, with brief periods of employment in both colleges/universities and business/industry. She has managed services with up to a \$7.4 million operating budget and as many as 120 employees.

Anita is dedicated to customer service, having provided uninterrupted food and nutrition services during multiple strikes (up to nine weeks in length) by unionized healthcare workers in San Francisco. In addition, she managed 24-hour meal service for hundreds of defense personnel, as well as hospital staff, physicians and visitors, during a period of intense civil unrest in Los Angeles.

Anita also demonstrated ongoing support for the merge of two specialty acute care hospitals, to include presiding over a Transition Planning Team, supervising the associated major kitchen construction and planning for the return of tray passing to Nutrition and Food Services.

## Professional Experience

### RUCK-SHOCKEY ASSOCIATES, INC.

Mercy Medical Center – Clinton, IA  
Loyola University Medical Center, Maywood, IL  
Seton Medical Center, Daly City, CA  
Holy Cross Hospital, Silver Spring, MD  
Doctor's Community Hospital, Lanham, MD  
Santa Clara Valley Medical Center, San Jose, CA  
Siouxland Medical Center, Sioux City, IA

### SUTTER HEALTH

Sutter Medical Center, Sacramento, CA  
California Pacific Medical Center  
San Francisco, CA

### MORRISON MANAGEMENT SPECIALISTS

Seton Medical Center and Seton Medical Center  
Coastside, Daly City, CA

### ARAMARK CORPORATION

Desert Hospital, Palm Springs, CA  
Rancho Los Amigos Medical Center  
Downey, CA  
Good Samaritan Hospital, Los Angeles, CA  
Marian Medical Center and Marian Residence  
Santa Maria, CA  
Mount Zion Hospital and Medical Center  
San Francisco, CA

### SERVICE AMERICA CORPORATION

National Semiconductor, Santa Clara, CA  
Stanford University, Stanford, CA

### UNITED STATES AIR FORCE

Nutrition Technical Writer, Sheppard AFB, TX  
Medical Food Service Officer, Chanute AFB, IL